

Lamb's lettuce	.	.	M	A
Leeks	J	F	M	A	S	O	N	D
Lemon Balm	O	N	D
Lettuce	J	F	M	A	M	.	.	A	S	O	N	D
Lo Bok	O	N	.
Long Yam
Luffa/Loofah	J	S	O	N	D
Mache	.	.	M	A
Maize	J	O	N	D
Malabar greens
Mangetout	A	S	O	.	.
Mangle Wurzel	S	O	N	D
Mangold	J	F	M	A	M	J	.	.	S	O	N	D
Marrow	J	O	N	D
Mibuna	.	.	M	A	M
Mint	S	O	N	D
Mitzuna	.	.	M	A	M
Mizuna	.	.	M	A	M
Mustard greens	J	F	M	A	M	J	J	A	S	O	N	D
Napa cabbage	N	D
New Zealand Spinach	J	F	A	S	O	N	D
Okra	O	N	D
Onion	.	F	M	A	M	J	J	A	S	O	.	.
Oregano/Pot Marjoram	J	F	M	S	O	N	D
Pak Choy/Choi	.	.	M	A	M	.	.	.	S	O	N	D
Parsley	J	F	M	A	S	O	N	D
Parsnip	J	F	M	S	O	N	D
Peanut
Peas	.	.	.	A	M	J	J	A	S	O	.	.
Potato	J	S	O	N	D
Pumpkin	O	N	D
Quinoa
Radicchio	O	N	D
Radish	J	F	M	A	M	J	J	A	S	O	N	D
Rhubarb	O	N	D
Rocket	.	F	M	A	M	.	.	.	S	O	N	.
Rockmelon	J	O	N	D
Rosella	N	D
Rosemary	N	D
Rutabaga	J	F	M	A	S	.	.	.

