

Sowing Calendar for Vegetables and Herbs in Canada Zone 9a

see [PlantWhatWhen - Canada Zone 9a Sowing Guide](#)

Plant	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
Amaranth	.	F	.	A
Angelica	J	A	S	.	.	D
Artichokes globe	J	F	M	A	M	J
Arugula/Rucola	J	F	M	A	M	.	.	.	S	O	N	.
Asparagus	J	F	M	A	M	J
Asparagus pea	.	.	M	A	M	J
Aubergine	J	F	M	A	M	J	J
Basil	.	F	M	A	M	J	J
Beans climbing/snake	.	.	M	A	M	J	J	A	S	.	.	.
Beans dwarf/bush	.	.	M	A	M	J	J	A	S	.	.	.
Beetroot	J	F	M	A	M	J	J	A	S	O	N	D
Beets	J	F	M	A	M	J	J	A	.	O	.	D
Belgian endive	.	.	M	A	M	J	J	A	.	.	N	D
Bell peppers	J	F	M	A	M	J	J	A	S	O	.	.
Black eye peas	.	.	M	A	.	J	.	A
Bok Choy	J	F	M	A	M	.	.	.	S	O	N	D
Borage	.	.	M	A	M	J
Borecole	J	F	M	A	M	.	.	A	S	O	.	.
Borekale	J	F	M	A	M	.	J	A	S	O	N	.
Broad bean	J	F	M	A	M	J	J	.	.	O	.	.
Broccoli	J	F	M	A	M	J	J	A	S	.	N	.
Brussels sprouts	J	F	M	A	M	J	J
Burdock	.	.	M	A	M	J	J
Cabbage loose-headed	J	F	M	A	M	J	J	A	.	O	N	.
Cabbage tight-headed	J	F	M	A	M	J	J	A	.	O	N	.
Cantaloupe	J	F	M	A	M	J	J
Cape Gooseberry	.	.	M	A	M	J	.	.	S	.	.	D
Capsicum	J	F	M	A	M	J	J	A	S	O	.	.
Cardoon	J	F	M	A	M	J	D
Carrot	J	F	M	A	M	J	J	A	S	.	N	D
Cauliflower	J	F	.	.	M	J	J	A	S	.	.	.
Celeriac	J	F	M	A	M	J	J	D
Celery	J	F	M	A	M	J	J	.	.	.	N	D
Ceylon Spinach
Chayote squash	.	.	.	A
Chicory	.	.	M	A	M	J	J	A	.	.	N	D
Chilli peppers	J	F	M	A	M	J	J	A

Chinese cabbage	J	A	S	O	.	.
Chinese parsley	J	F	M	A	M	.	.	A	S	.	.	.
Chinese Peas	.	F	M	A	M	.	.	A	S	O	N	.
Chives	.	F	M	A	M	J	J	A	S	.	.	.
Choko	.	.	.	A
Cilantro	J	F	M	A	M	.	.	A	S	.	.	.
Cocoyam
Collards	J	F	M	A	M	.	J	A	S	O	N	.
Coriander	J	F	M	A	M	.	.	A	S	.	.	.
Corn Salad	J	F	M	A	M	J	J	A	S	O	.	D
Courgette	.	F	M	A	M	J	J	A
Cowpeas	.	.	M	A	.	J	.	A
Cucumber	.	.	M	A	M	J	J	A	S	.	.	.
Daikon	.	F	M	A	M	J	.	A	.	O	.	.
Dasheen
Dill	.	F	M	A	M	J	J	A	S	O	.	.
Eggplant	J	F	M	A	M	J	J
Endive	J	F	M	A	M	J	J	A	S	.	.	.
Eschalots	J	F	M	A	M	J	J	A	S	O	N	D
Fava bean	J	F	M	A	M	J	J	.	.	O	.	.
Fennel	.	F	M	A	M	J	.	.	S	O	.	.
Finocchio	.	F	M	A	M	J	J	.	S	O	.	.
Florence Fennel	.	F	M	A	M	J	J	.	S	O	.	.
French tarragon	.	F	M	A	M	.	J	.	.	O	.	.
Gai choy	.	F	M	A	M	J	J	A	S	O	.	.
Garlic	.	F	M	A	M	.	.	.	S	O	N	.
Ginger
Gobo	.	.	M	A	M	J	J
Gumbo	.	F	M	A	M	J	J
Horseradish	.	.	M	A	M	J	J	A	S	O	.	.
Hot peppers	J	F	M	A	M	J	J	A
Huauzontle
Japanese Greens	J	F	M	A	M	.	.	.	S	O	.	D
Japanese radish	.	F	M	A	M	J	.	A	.	O	.	.
Jerusalem Artichokes	.	F	M	A	M	J	D
Kale	J	F	M	A	M	.	.	A	S	O	.	.
Kohlrabi	J	F	M	A	M	J	J	A	S	O	N	D
Ladyfinger	.	F	M	A	M	J	J
Lamb's lettuce	J	F	M	A	M	J	J	A	S	O	.	D
Leeks	J	F	M	A	M	J	J	.	S	O	.	D
Lemon Balm	.	F	M	A	M	J	J	A
Lettuce	J	F	M	A	M	J	J	A	S	O	.	.

Lo Bok	.	F	M	A	M	J	.	A	.	O	.	.
Long Yam
Luffa/Loofah	.	F	M	A	M	J
Mache	J	F	M	A	M	J	J	A	S	O	.	D
Maize	.	.	.	A	M	J	J	A
Malabar greens
Mangetout	.	F	M	A	M	.	.	A	S	O	N	.
Mangle Wurzel
Mangold	J	F	M	A	M	.	.	A	S	O	.	.
Marrow	J	F	M	A	M	J	J
Mibuna	J	F	M	A	M	.	.	.	S	O	.	D
Mint	.	.	M	A	M	J	J	A	S	O	.	.
Mitzuna	J	F	M	A	M	.	.	.	S	O	.	D
Mizuna	J	F	M	A	M	.	.	.	S	O	.	D
Mustard greens	.	F	M	A	M	J	J	A	S	O	.	.
Napa cabbage	J	A	S	O	.	.
New Zealand Spinach	.	F	.	A	M	J	N	D
Okra	.	F	M	A	M	J	J
Onion	J	F	M	A	M	J	J	A	S	O	N	.
Oregano/Pot Marjoram	J	F	M	A	M	J	J
Pak Choy/Choi	J	F	M	A	M	.	.	.	S	O	N	D
Parsley	J	F	M	A	M	J	J	A
Parsnip	J	F	M	A	M	J	J	A
Peanut
Peas	J	F	M	A	M	J	J	A
Potato	J	F	M	A	M	J	J	A	S	O	N	.
Pumpkin	J	F	M	A	M	J	.	A
Quinoa
Radicchio
Radish	J	F	M	A	M	J	.	A	S	O	N	D
Rhubarb	.	F	M	A	M	J
Rocket	J	F	M	A	M	.	.	.	S	O	N	.
Rockmelon	J	F	M	A	M	J	J
Rosella	J	.	M
Rosemary	J	F	M	A	M	J
Rutabaga	J	F	M	A	M	.	.	A	S	.	N	D
Sage	.	F	M	A	M	J
Salsify	.	.	M	A	M	J	.	A	S	.	.	.
Savory/Bean Herb	.	F	M	A	M	J
Scallions	J	F	M	A	M	J	J	A	S	.	N	D
Shallots	J	F	M	A	M	J	J	A	S	O	N	D
Silverbeet	J	F	M	A	M	.	.	A	S	O	.	.

Snow-Peas	.	F	M	A	M	.	.	A	S	O	N	.
Southern peas	.	.	M	A	.	J	.	A
Spinach	.	F	M	A	M	.	.	A	S	O	N	D
Spring onions	J	F	M	A	M	J	J	A	S	.	N	D
Squash	.	.	M	A	M	J	J	A	S	.	.	.
Strawberry plants	.	.	M	A	M	.	.	.	S	O	.	.
Strawberry seeds	J	F	M	A	M	J
Sugar/Snap Peas	.	F	M	A	M	.	.	A	S	O	N	.
Summer squash	.	.	M	A	M	J	J	A	S	.	.	.
Sunchoke	.	F	M	A	M	J	D
Sunflower	.	F	M	A	M	J	J
Swedes	J	F	M	A	M	.	.	A	S	.	N	D
Sweet corn	.	.	.	A	M	J	J	A
Sweet Marjoram	J	F	M	A	M	J
Sweet peppers	J	F	M	A	M	J	J	A	S	O	.	.
Sweet Potato/ Kumara	.	.	M	A	M	J	J
Swiss-Chard	J	F	M	A	M	.	.	A	S	O	.	.
Taro
Thyme	.	F	M	A	M	J
Tomatillo	.	F	M	A	M	J
Tomato	J	F	M	A	M	J	J	A
Tumeric
Turnip	J	F	M	A	M	.	.	A	S	O	N	D
Vegetable oyster	.	.	M	A	M	J	.	A	S	.	.	.
Vietnamese Mint
Warrigal greens	.	F	.	A	M	J	N	D
Water Chestnut
Watermelon	.	F	M	A	M	J	J	A
Winged bean	.	.	M	A	M	J
Witloof	.	.	M	A	M	J	J	A	.	.	N	D
Wong bok	J	A	S	O	.	.
Yacon/Sunroot
Yam/Oka/Oca	J	F	M	A	M	J	J
Zucchini	.	F	M	A	M	J	J	A