

Sowing Calendar for Vegetables in Australian Cool/Mountain Zone

see [PlantWhatWhen - Cool/Mountain Zone Sowing Guide](#)

Plant	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
Amaranth	S	O	N	D
Angelica	N	D
Artichokes globe	.	.	M	A	M	.	.	.	S	O	N	D
Arugula/Ruicola	.	.	M	A	M	.	.	.	S	O	N	.
Asparagus	.	.	.	A	M	J	J	A	S	O	N	.
Asparagus pea	O	N	D
Aubergine	S	O	N	D
Basil	J	S	O	N	D
Beans climbing/snake	J	O	N	D
Beans dwarf/bush	J	O	N	D
Beetroot	J	F	M	A	S	O	N	D
Beets	J	F	M	A	S	O	N	D
Belgian endive	.	F	M	A	M	J	J	A	S	O	N	.
Bell peppers	S	O	N	D
Black eye peas
Bok Choy	.	.	M	A	M	.	.	.	S	O	N	D
Borage	N	D
Borecole	J	F	M	A	M	J
Borekale	J	F	M	A	M	J
Broad bean	.	.	M	A	M	J	J	A	S	.	.	.
Broccoli	J	F	M	A	M	J	J	A	S	O	N	D
Brussels sprouts	.	.	M	A	M	J	J	A	S	.	.	.
Burdock	J	F	S	O	N	D
Cabbage loose-headed	J	.	M	A	M	J	J	A	.	O	N	D
Cabbage tight-headed	J	.	M	A	M	J	J	A	.	O	N	D
Canteloupe	O	N	D
Cape Gooseberry	S	O	N	.
Capsicum	S	O	N	D
Cardoon	.	.	M	A	M	.	.	.	S	O	N	D
Carrot	J	F	M	A	S	O	N	D
Cauliflower	.	F	M	A	M	.	.	A	S	.	.	.
Celeriac	J	F	M	S	O	N	D
Celery	J	F	M	.	.	.	J	A	S	O	N	D

Ceylon Spinach
Chayote squash
Chicory	.	F	M	A	M	J	J	A	S	O	N	.
Chilli peppers	.	F	S	O	N	D
Chinese cabbage	N	D
Chinese parsley	.	.	M	O	N	.
Chinese Peas	A	S	O	.	.
Chives	J	F	M	A	S	O	N	D
Choko
Cilantro	.	.	M	O	N	.
Cocoyam
Collards	J	F	M	A	M	J
Coriander	.	.	M	O	N	.
Corn Salad	.	.	M	A
Courgette	J	O	N	D
Cowpeas
Cucumber	O	N	D
Daikon	O	N	.
Dasheen
Dill	O	N	.
Eggplant	S	O	N	D
Endive	.	F	M	A	M	J	J	A	S	O	.	.
Eschalots	J	F	M	A	M	J	J	A	S	O	N	D
Fava bean	.	.	M	A	M	J	J	A	S	.	.	.
Fennel
Finocchio	J	F	M	A	M	.	.	.	S	O	N	D
Florence Fennel	J	F	M	A	M	.	.	.	S	O	N	D
French tarragon	J	O	N	D
Gai choy	J	F	M	A	M	J	J	A	S	O	N	D
Garlic	.	.	.	A	M	J	J	A
Ginger
Gobo	J	F	S	O	N	D
Gumbo	O	N	D
Horseradish	O	N	.
Hot peppers	.	F	S	O	N	D
Huauzontle	J	F
Japanese Greens	.	.	M	A	M
Japanese radish	O	N	.
Jerusalem Artichokes	.	.	.	A	M	J	J	A	S	O	N	D
Kale	J	F	M	A	M	J
Kohlrabi	J	F	M	A	S	O	N	D

